

Bolton

Together



Summary Report for 0-19 Engagement – Young Carers and Children who are Looked After

1st April 2021 – 31st March 2022

Organisation Completing the Engagement	Bolton Lads & Girls Club
Target Group of Young People/Parents Engaged	Vulnerable young people including Young Carers and Children who are looked After
Total number of young people engaged over the period of engagement	36
Method/s of engagement used (please provide some detail)	Focus groups Questionnaires Social Media content
Summary of key points raised (including young people's experience of health services and what matters to them.	<p>Young people don't differentiate between emotional health, mental health and physical help, when talking to them about health</p> <p>Young people wanted more help around body appearance and body image</p> <p>More help with mental health is needed before they hit crisis point</p> <p>Young Carers wanted quicker access to prescription for family members as waits impacts family and stressful</p> <p>Unsure who school nurse is and when they are available</p>

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	<p>Schools, parents and own friends are where young people seek support</p> <p>Young people are more likely to listen to the recommendations of services by their friends than adults</p> <p>More awareness of health service available to young people is needed</p>
What Works	<p>Good pastoral staff in schools who young people know and trust</p> <p>If you know the school nurse you are more likely to go to her with a problem</p>
What Needs to Be Better	<p>Students need to know who their school nurse is</p> <p>Some young people need to be asked how are they rather than being reliant of them asking an adult for help</p> <p>More male staff at the Parallel</p>
Recommendations	<p>More information/posters in schools/college and community spaces about services</p> <p>More Health services going into schools to deliver talks</p> <p>Create Young People Health Champions to help promote service</p> <p>Use Tik Tok to promote services to young people</p> <p>More references to services in topics in PSHE</p>

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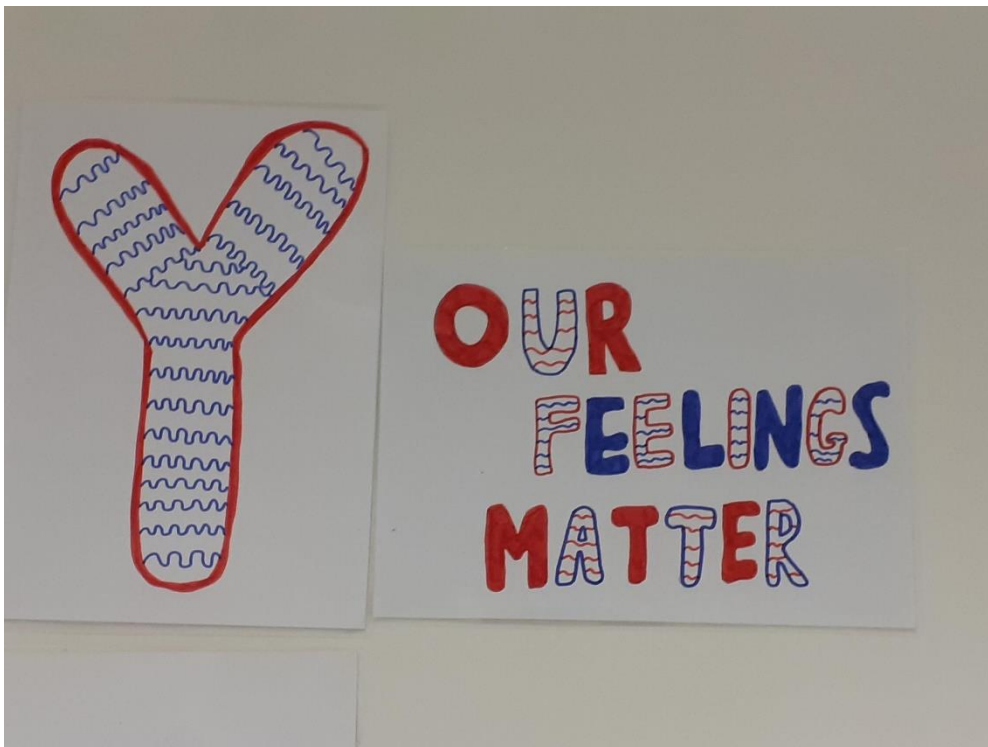
Quotes from Young People About Services

"The school nurse has drop in days but I've never seen them."

On the school nurse... "I know who she is, but they're not in often. I wouldn't go to speak to her. I don't know her so feel like I can't trust her."

"I would make it mandatory that children/teens know where to go if they need help with their mental help or physical help."

...that if her GP had known about their caring role then "I might have been referred to the young carers service sooner".



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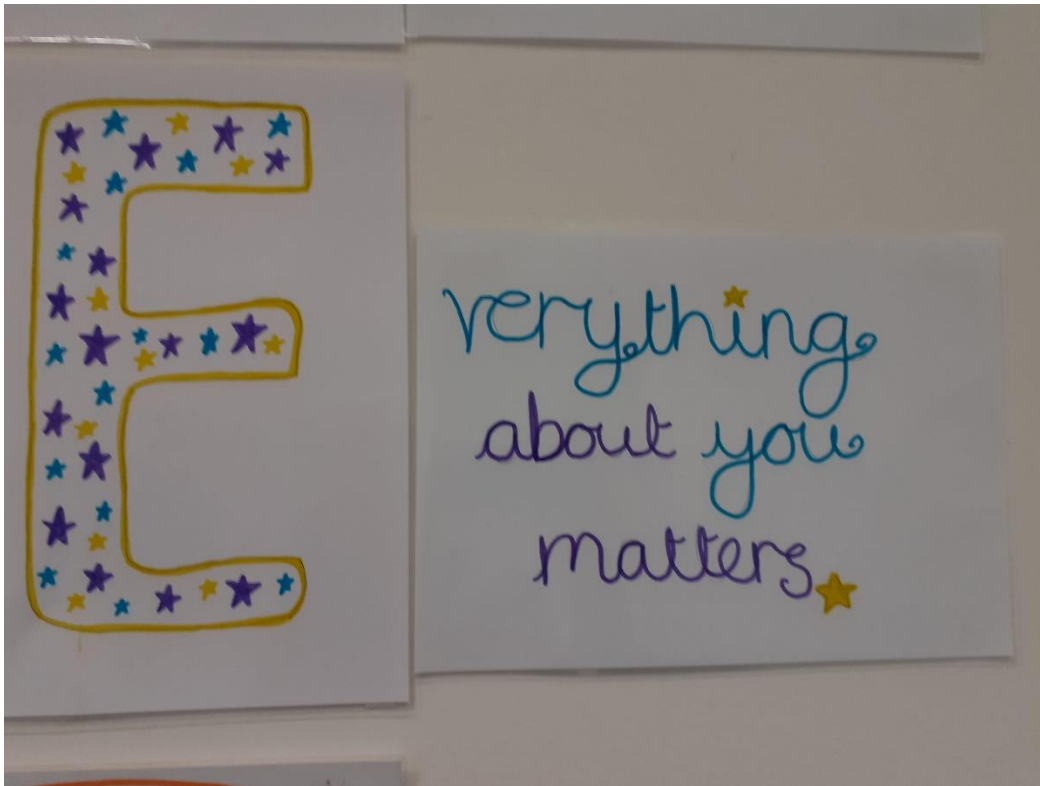


Figure 1 Arts Works created by The Young Carers Group