

BOLTON CASE STUDY OF A CHILD/YOUNG PERSON WITH SEND

Name of child/young person	Names not provided.
School/setting attended	unknown
Service completing case study	Bolton Together – IThrive 2 – 11 years delivery programme
SEN Support/EHCP/PEP/Care Plan	
SEND Inspection criteria evidenced	
Child/young person's aspirations Support provided to Mum which in turns supports her interaction with the children and increases coping skills thus benefitting the children and their development. Aspiration to build confidence in mixing and going outside and building community connections.	
Purpose of service involvement To support access to youth activities and support development of friendships.	
Pen Portrait including area(s) of strength and need (key findings from assessments) Mum was struggling with behaviour of middle child who has autism and has a younger child too. Mum suffering with PND and anxiety and has OCD. Mum at breaking point and feels there are limited services to access. Stress between mum and dad over how to manage things and mum feeling like dad doesn't understand how hard it is.. I spoke with mum about her feelings and how she was coping. Mum has 3 children, 10, 3 and 15 months and is very overwhelmed looking after the two younger children. C1 and C2 have autism and now the youngest C3 has started showing similar signs. Mum was very open and honest about how she had felt that her partner didn't understand how hard it is to look after the children all day and how demanding they are but Dad has now reduced his working hours to support mum more...	
Other agencies who have been involved in supporting the child/young person and their family and how agencies have worked together Kids2together (voluntary sector organisation – not contracted)	
SUMMARY OF WORK UNDERTAKEN AND OUTCOMES ACHIEVED	
Summary of previous involvement/intervention and outcomes (over the last 2 years) (consider improvements in school attendance, reduction in fixed term exclusions/numbers of behavioural incidents, communication skills, independence, confidence, social skills, relationships, community inclusion etc) I have kept in close contact with mum through home visits and telephone calls and messages. When C2 has his 'meltdowns' which consist of wall banging, throwing toys, becoming distressed mum does become anxious about how to manage them. Home has become their safe space as she worries about going out as she feels this exacerbates C2's behaviour and doesn't like the thought of people judging them. I explained that even though staying at home makes her feel better the children should have the opportunity to have a change of scenery and go out the house and experience new environments even if these are short trips out. Mum's OCD also has an impact on going out. I am always honest with mum, and we have discussed addressing how we can help her to help herself	
Summary of current involvement/intervention and outcomes (consider improvements in school attendance, reduction in fixed term exclusions/numbers of behavioural incidents, communication skills, independence, confidence, social skills, relationships, community inclusion etc) I regularly try to encourage the family to leave the house more and enjoy some time as a	

family and our HS Walk Talk and Play in the park event was the perfect opportunity for this. Dad was very keen to attend but mum, as expected, had reservations. I reassured them they did not have to attend for the full 2 hours and could leave whenever they wanted. All 3 children appeared to have had great time at the park exploring the different parts of the play area and it was clear C2 loved running round being chased by dad as he was very excited and making happy noises. Mum and dad appear very warm and caring with the children and attentive to their needs. Mum also had the opportunity to speak to other parents and HS staff which was nice as she doesn't have a big support network. C1 also looked happy to be out of the house and enjoyed the swings and sand area. He thanked me for inviting them along.. It was a successful trip overall and a confidence boost for mum that all had gone well

Summary of future/further planned involvement/intervention and anticipated outcomes

(consider improvements in school attendance, reduction in fixed term exclusions/numbers of incidents, communication skills, independence, confidence, social skills, relationships, community inclusion etc)

They have since been out for short walks, taken their older son swimming as a family and attended a friend's housewarming for a short while. On a later visit, with permission from mum, Jacqueline from Kidz2gether accompanied me.. She advised reducing the number of toys that were out at once to prevent over stimulating his senses and explained why C2 expresses himself the way he does and their dietary preferences.. It was agreed the Kidz2gether trampolining session would be perfect for them as all 3 children could attend and everyone at the session would have children with similar needs. In September, C2 will be able to attend his specialist nursery 5 mornings a week rather than just 2 that he's doing now. Mum is hoping to return to Uni to continue her studies. In my 6 weeks of supporting this family we have worked on taking small, manageable steps and putting goals in place to achieve together. The family are definitely in a much more positive place than when I first met them and they have said multiple times that they would not have reached that point without help. Mum is facing her fears gradually and I have told her how amazing she is raising 3 children and managing her own emotional wellbeing

Learning from this case that has informed practice

Benefits of home visits
Importance of both intensive and longer term less intensive support from the voluntary sector
Importance of early intervention and small supported steps to increasing community inclusion and reducing isolation.
Importance of support for the parent/carers alongside the child.