Bolton Together

LISTENING TO THE VOICE OF THE INFANT

We believe that babies and infants deserve to be heard and valued. Let's create a world where every child's voice matters.

Parents and caregivers are an invaluable source of information, but it's important to take a step back and focus on the child. These tips will help you capture the child's voice:

- Pay attention to the baby or infant's sounds and movements, including their reactions to their surroundings and interactions with others.
- Consider the significance of pauses and silences.
- Be mindful that a caregiver's perspective may differ from the infant's.
- Translate the infant's communication into words to understand their experience.
- Observe and comment on their emotional state.
- Acknowledge what you see and hear.
- Take note of your own feelings and reactions.

All of this helps us at the iThrive Hub to understand the needs of those referred to help us support them appropriately.