

Parent Drop In - Emotional Based School Avoidance

Find out what emotional based school avoidance (EBSA) is, why it happens and how to prevent it in this drop in with guest speakers from the highly trained mental health support team (MHST)

Come and join us at our upcoming parent drop-in session, offering information, advice and guidance for parents to support their child's wellbeing, focused on the topic of EBSA.

- ✓ Hear from our guest speakers at MHST as they give expert advice on how to understand and deal with EBSA.
- ✓ Learn strategies for yourself and your child to deal with EBSA.
- ✓ Find out about other services that can assist you and your child when dealing with EBSA.

Scan the QR Code

to attend

For More Information

 ithrive@boltontogogether.org.uk

 www.bolton-together.org.uk



**TUESDAY
10 SEP
5:30PM-
6:30PM**



In partnership with the
Bolton MHST team

NHS

**Greater Manchester
Mental Health**
NHS Foundation Trust

Bolton Together