

Bolton Together Annual Event 2025

Growing Together



Agenda

Bolton

Together

10:30 - 11 am	Registration and Networking and Collection of Goody Bags
11 - 11.15 am	Welcome and Opening Remarks CEO - Louise McDade
11:15 - 11:30 am	Our Journey So Far Louise McDade, Katrina Fletcher and Marc Webber
11:30 am - 12:00 pm	Mapping Our Impact - Reflecting on our journey as Bolton Together Marc Webber and Hollie English
12 - 12:30 pm	LUNCH
12:30 - 1:00 pm	Member and Parent Perspectives Naseem Seedat, Bolton Toy Library Parent Panel Imam Abdul Hafeez Siddique, Founder and CEO The Flowhesion Foundation
1:00 - 1:35 pm	Co-designing our new Funding Pot - Over to You Louise McDade
1:35 - 1:50 pm	Reflections Lindsey Darley, Bolton Together Chair of Trustees Paul Rankin, Deputy Director of Children's Services
1:50 - 2:00 pm	Closing Remarks and Thank You

Growing Together

Bolton

Together

Our Journey Over the last 5 years

Chief Executive Officer: Bolton Together

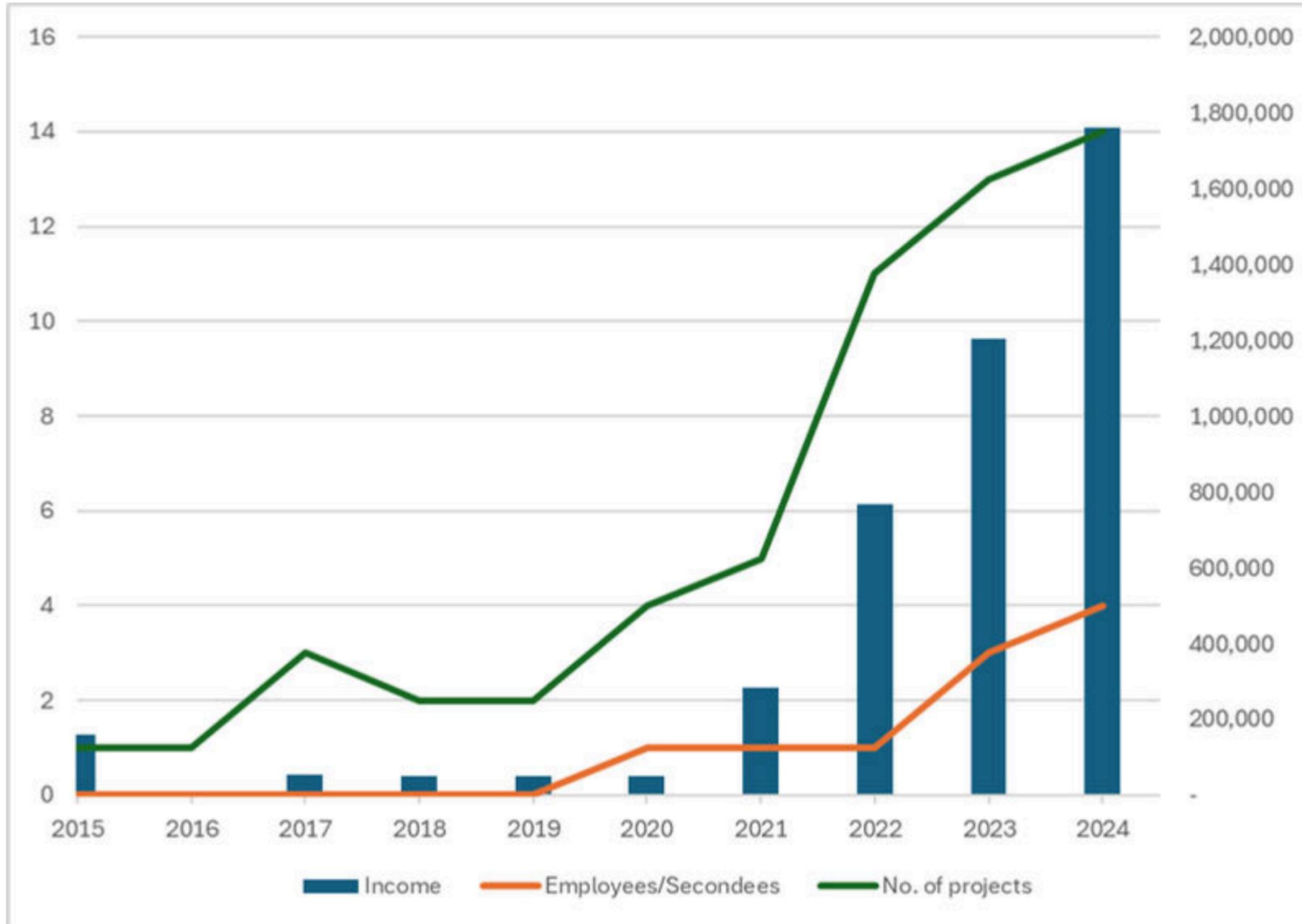


Growing Together

Our Journey - the last 5 years

Bolton

Together



Growing Together



Year One 2020-2021

- Reached **228 beneficiaries** through our THRIVE Delivery Programme.
- Secured **£227,876** in funding from the National Lottery and CCG.
- Launched with a **team of one secondment** growing to include an Emotional Health & Wellbeing Practitioner and a secondment partnership with GMMH Trust for psychological support.

Year Five 2024-2025

- Supported **1,460 children and young people** with their mental health, **1,443** through HAF, and **5,033 engagements with parent/carers**.
- **£ 1,330,630** distributed to **68%** of members
- Expanded our **membership to 44 organisations**.
- Developed a comprehensive suite of programmes, including Parent Peer Support, Youth Against Violence, Early Years, School Transition, and Thrive Plus services.
- Expanded team to **6 members** and recruited for **2 Navigator roles** to further strengthen our impact.

Our Partnership Delivery Programmes

Bolton

Together

IThrive Provision and Referral Hub

Early Years including the Family Hub Delivery

Youth Work and Outreach

Thrive Plus

Growing Together

How We Measure Impact and Quality Assure

Bolton

Together

Collation of outputs across programmes

Adoption of outcome measures across programmes

Satisfaction questionnaires, quotes and case studies

Collation of comprehensive joint quarterly programme reports

Partnership Database Audits

Partnership Meetings

Quality Visits

Regular Catch Ups

Clear and supportive contract management process

Growing Together

Our Growth in Impact In 2024/25

Bolton

Together

"Life is chaos, my bucket gets full from all the noise, this space allows me time to empty that to help prepare for the week". Parent

"I've improved in controlling my behaviour at school and am able to manage my anger at home. I finally felt able to talk about grief." Young Person



90% of young people reached their goal

100% of parents reported increased confidence in Breastfeeding

84% of parents accessing perinatal peer support had a better relationship with their baby

100% of young people felt their worries were taken seriously

Renewal of IThrive Contract

Extension to the Bolton Together Family Hub Delivery

Securing Lottery Funding for Thrive Plus

Standing Together Youth Against Violence Project

Million Hours Lottery Funding Secured

"I really enjoy these sessions i have built up confidence and learnt it is okay to be my self - I have settled in to sixth form really well but feel I couldn't of done this with out all the support and encouragement I gained from my sessions.' Young Person

Growing Together

The Members who have delivered our partnership programmes over the year



Our Funders



Greater Manchester



Bolton
NHS Foundation Trust

Bolton
Council



Bolton

Together



Growing Together

Bolton

Together

IThrive Funded Delivery

Where are we now?

Programme Manager: IThrive

Growing Together



Bolton

Together

Delivery under iThrive

Bolton Together's iThrive initiative offers specialised support and resources for young people, parents, and professionals, aiming to promote and support improved mental health and wellbeing within the community.

Growing Together



Where we began (March 2020)

1239
CYP supported
by 2021

Emotional Health and Wellbeing Support Services

The IThrive Alliance, a partnership of five voluntary sector organisations, delivered emotional health support for children and families. Now managed by Bolton Together, the expanded programme offered coordinated wellbeing, triage, and parental guidance, funded by NHS and National Lottery.

Collaboration and Delivery Approaches

Partners collaborated on the 0–19 Integrated Health and Wellbeing Contract, supporting children aged 2–11. The partnership promoted preventative, inclusive support, using local expertise, and shared outcome tools aligned with CAMHS.

Future Development and Impact

Bolton Together’s aim was to strengthen Thrive Plus and IThrive management, create a central triage hub, address wellbeing gaps, sustain NHS and lottery funding, and enhance children’s confidence, skills, and aspirations through creative wellbeing projects.

- Bolton Lads and Girls Club**
- Fortalice**
- Headspace**
- YMCA**
- ZACS Youth Bar**

Bolton

Together

5925

CYP supported since 2021

4268

referrals via our online referral form

“I could talk about everything and was listened too.”

Where we are



Creation of the IThrive Referral Hub

- Creation of an online referral pathway.
- Child-centred and child-led to capture the voice of the child.
- Capturing impact through ORS, CORS, and Goal-Based Outcomes
- Strengthen parent referrals.
- Creation of a parent-peer support offer.
- Thrive Plus Drop-ins.

Strengthened partnerships

- Multi-Agency Referral Huddle with Bolton CAMHS and Bolton MHST.
- Supported PHN student shadowing opportunities.
- Worry Management and Arts for the Blues co-delivered with Bolton CAMHS.
- Attending Mental Health Day Event, Bolton Youth Council, and wider community events.

Multi resources

- Created free online resources.
- Wellbeing workbooks for children, young people, and parents.
- Summer and Winter Support.
- My IThrive Journey.
- Wider Community Offer Padlet to improve signposting.

Action for Children Bolton Lads and Girls Club

- Bolton Wanderers in the Community
- Bolton Toy Library
- Breaking Barriers
- The Flowhession Foundation
- Families Together
- Fortalice
- The Proud Trust
- Urban Outreach

Family Hubs and Start Well Funded Delivery

Where are we now?

Programme Manager: Children, Young People and Families

Bolton

Together



**Bolton
Family Hubs**





Delivery across Five Strands

Infant Feeding Support



Parent and Perinatal Infant Mental Health (PIMH)



Parent Engagement

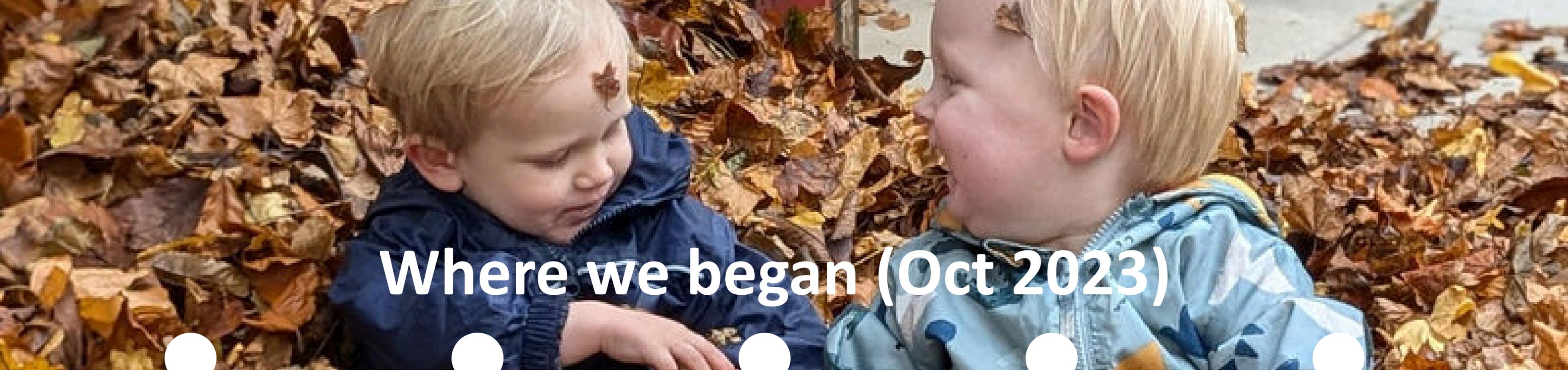


Stay and Play Expansion



Solihull Approach Parenting Programme





Where we began (Oct 2023)

Infant Feeding Support

No peer support drop-in support groups.

DPIA process identified as a need.

Parent and Perinatal Infant Mental Health (PIMH)

One to One and group support began. No formal outcomes framework in place.

Parent Engagement

First Parent Carer Panel established by Bolton Toy Library. Early stages of parent feedback collection. Launching Family Hubs.

Solihull Approach Parenting Programme

Delivered by Families Together in partnership with Flowhesion and Family Hub Practitioners Programme in the planning stage, due to begin January 2024

Expansion of Stay and Play Provision

12 sessions already delivered under Start Well funding per week. Planning of expansion begins.

Where we are now (Oct 2025)

Infant Feeding Support

Hospital ward peer support reaching over 300 new parents per quarter.
Over 50 active peer supporter volunteers
We have completed a DPIA

Parent and Perinatal Infant Mental Health (PIMH)

Over 200 parents supported in one to ones and group support.
Goal Based Outcomes and Bolton Together Pre and Post introduced and embedded to improve measurement of impact.

Parent Engagement

Over 500 parents and carers engaged in feedback, co-design and consultation across Family Hubs.
Two Parent Carer Panels established.

Solihull Approach Parenting Programme

Fully embedded.
MORS-SF tool introduced.
28 courses delivered, and over 300 sessions. Average 75% completion rate.

Expansion of Stay and Play Provision

15 more sessions per week added.
Over 500 families reached per quarter.

Bolton

Together

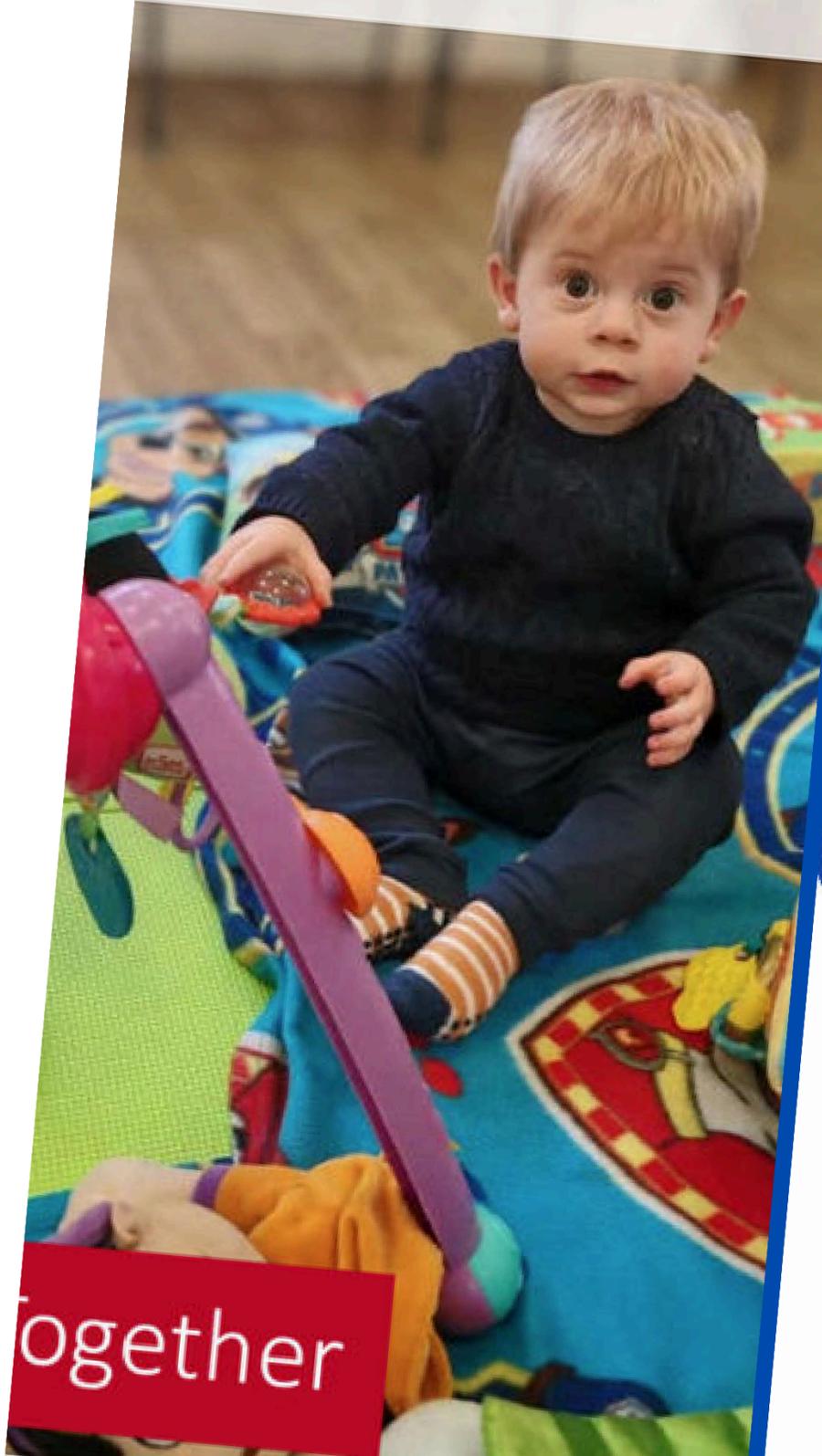
Please visit our website to read our Early Years and iThrive reports to find out more:

<https://bolton-together.org.uk/>

In addition, you can read more about our collective impact through our Annual Report and our lived experience case studies, telling the story of the change made:

[Bolton Together Annual Report 2024-2025](#)

Together
Early Years Delivery Report
September 2025



Bolton

Annual Report

2024/25

Our Journey of Growth and...



together

Children, Young People...

Activity - Mapping Our Growth

Reflecting on our journey as Bolton Together

Bolton

Together

- Reflect on how we've grown, connected, and made an impact through Bolton Together
- Each table will build a Tree of Life, exploring:
 - Roots: Our values and foundations – what brought us here
 - Trunk: Our shared strengths
 - Branches: Our achievements and growth
 - Fruits: The rewarding parts of our work
 - Leaves: Our connections and supporters



Growing Together

Activity - Mapping Our Growth

Reflecting on our journey as Bolton Together

Bolton

Together

Example

The Leaves: connections & support

Commissioners
Members
Providers
Young People
Families
CAMHS

The Fruits: rewarding parts of the work you do.

Improving emotional health and wellbeing
Connecting families to the right support and to further services
Hearing about young people's positive experiences of iThrive

Branches: your achievements

MARH
School transition project

5925 CYP supported since 2021
Growing our team
More members joining us

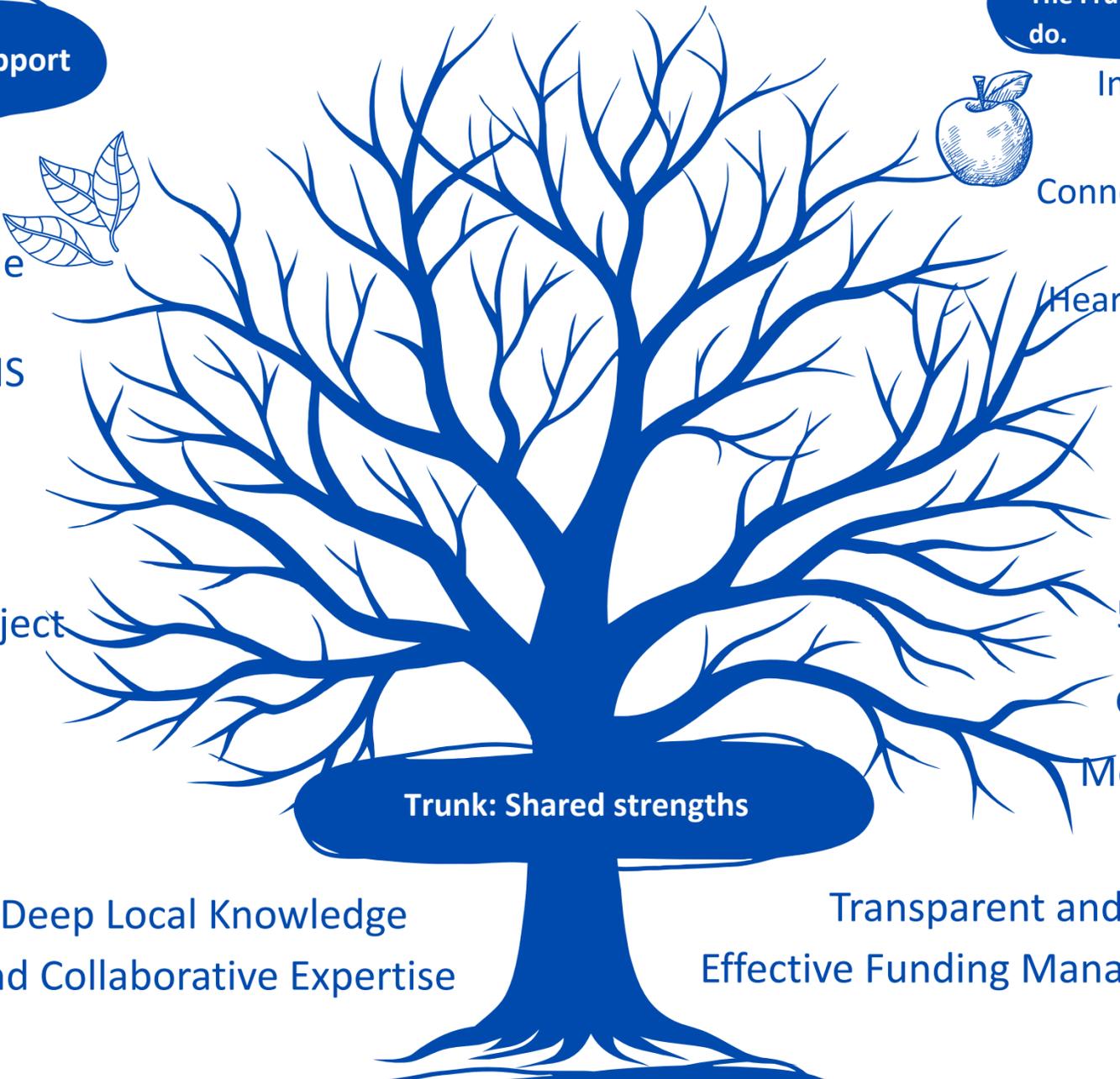
Trunk: Shared strengths

Deep Local Knowledge and Collaborative Expertise
Transparent and Effective Funding Management

Roots: values & foundations

Respect
Accountable
Inclusive
Trust
Quality Offer

Growing Together



Mapping Our Growth: Reflecting on our journey as Bolton Together

- Take a moment to look to the future
- Share a hope or ambition for your journey with Bolton Together
- Think about:
 - Your next step or aspiration
 - How you'd like to grow or contribute going forward
- You can:
 - Write your hope on a Post-it note
 - Share it with your group if you feel comfortable

Growing Together

Bolton

Together



Lunch - 30 minutes

Bolton Together: Membership and Engagement Survey 2025



If you are a Member, please fill out our 2025 Membership and Engagement Survey

Bolton

Together



***Naseem Seedat,
Bolton Together's
Parent Carer Panel***



Growing Together

You Said, We Did

Bolton

Together

You Said

'We want to see Makaton/Sign Language classes to promote inclusive communication.'

We Did

Bolton Together Family Hub organisations attended Bolton Deaf Society's training. This has helped support Bolton Together Early Years delivery staff to enhance their understanding of British Sign Language (BSL) to help staff better support BSL speaking families.

You Said

'Parents and carers with English as a second language need bilingual support'

We Did

We invested in Diversity Workers, to provide multilingual support for families. Bolton Council have given more funding to Bolton Together to provide family learning language groups coming soon.

You Said

'The language used in questionnaires and documents can be a barrier for families.'

We Did

Family Hubs spoke with the Parent Carer Panel about their Families Questionnaire, making changes from their feedback, and adapted the questionnaire to improve accessibility.

You Said

'Activities need to be available at different times and on different days across the week.'

We Did

Bolton Together member organisations changed the dates and times of Stay and Play sessions and Infant Feeding Support drop-ins in response to feedback about when families are most able to attend. Bolton Council arranged activities at the weekend at Family Hubs.

You Said

'Many families don't have access to computers, mobile data or may want to learn better digital skills to be able to access resources online'

We Did

Digital support is now included in Family Hubs, with trained staff, free access to computers and free sim cards.

***Imam Abdul Hafeez Siddique,
Founder and CEO Flowhession.***

Growing Together

Bolton Together Annual Event: The Power of Collaboration.

*Imam Abdul Hafeez Siddique, Founder and CEO
Flowhesion.*

Growing Together

The power of partnership.

- ✓ 4 partnerships through Bolton Together.
- ✓ Range of service users, programmes.
- ✓ Experience, resources, networks.
- ✓ Better outcomes for Boltonians.
- ✓ ROI

Growing Together

Solihull parenting approach.



- ✓ Partners reflected together on cultural understandings of parenting and what it meant for delivery.
- ✓ Venues, experiences and networks shared to enrol participants.
- ✓ Strong impact with funding extended.

Growing Together ✓

UNDERSTANDING YOUR CHILD'S BEHAVIOUR
A Solihull Approach Group for Parents and Carers

Do you have a child under 2?
Would you like to:

- Know more about your child's development?
- Have a better understanding of your child's behaviour?
- Know why your child has temper tantrums?
- Meet with other parents?

FREE GROUPS

UNDERSTANDING YOUR CHILD'S BEHAVIOUR
is a 10 week parenting group, each group lasts for 2 hours. The group is completely free of charge.

What we will explore:

- Having fun together
- Development needs
- Behaviour difficulties
- Communication
- Parenting styles
- Sleep

For more information please contact Families Together
Email: familiestogether445@gmail.com
Call: 07514 484157
Go to: familiestogether.org.uk



Families Together **THE FLOWHSSION FOUNDATION** **Bolton Together** **Bolton Council**

- ✓ Community of practice.
- ✓ In-kind services added-value to programme.
- ✓ Sharing experience, assets and networks strengthened offer.

Growing Together

Bolton Together

YOUTH AGAINST VIOLENCE

Led by Bolton Together four organisations are working together to reduce antisocial behaviour, providing protective factors for young people at risk of youth violence, developing skills and increasing opportunities.

Standing Together Partnership

Partners will be engaging with young people aged between 12 and 17 years

- ✓ Youth Voice
- ✓ Diversionary activities & Outreach
- ✓ Mentoring and One to One Support

- ✓ Brightmet
- ✓ Halliwell
- ✓ Farnworth
- ✓ Johnson Fold



Scan me!

BSCA flowhession URBAN OUTREACH

Registered Charity in England and Wales (1163466)



Youth Against Violence.

Benefits and Opportunities of Partnership working.

- ✓ Bolton Together 'safe space'.
- ✓ Efficient use of expertise, resources and networks.

- ✓ Not all partnerships equal.
- ✓ vision and mission alignment.

Growing Together

A few words from our young person who has been involved in Our Youth Against Violence programme.



Growing Together

Announcing the new Bolton Together Funding Pot

Bolton

Together

£50,000- to support children and families in Bolton

Co-design this Opportunity with us



On Your Tables Decide

Core or Project Funding

What are the priorities

How to apply

How Much

Who Decides

How do we measure impact

Post on our Keep or Avoid Lists

What do we need to ensure we include or avoid

Make Your Pitch.....

Six tables will have 2 minutes after your discussion to share your decision for one of the above and why with the wider group.

Bolton

Together



**Lindsey Darley,
Bolton Together Chair of Trustees,**

**Paul Rankin,
Deputy Director of Children's Services**

Growing Together



We are now on Instagram! Follow us @BoltonTogether for updates on our impact across Bolton.

You can look forward to content from events, our Members and the Bolton Together team.



Bolton

Together

Watch out for . . .

- *Winter Support Resources*
- *Christmas Jumper Coffee and Catch Up on 11th Dec*
- *December Members Update Newsletter*

Growing Together

Bolton

Together

Registered Charity in England and Wales (1102402)

*A Season
of Warmth*

We stay warm when we care for each other



Winter Support for those aged 5-10

Feedback

We would really appreciate any feedback on how you found the event today, please could you fill out our feedback form by scanning the QR code below!

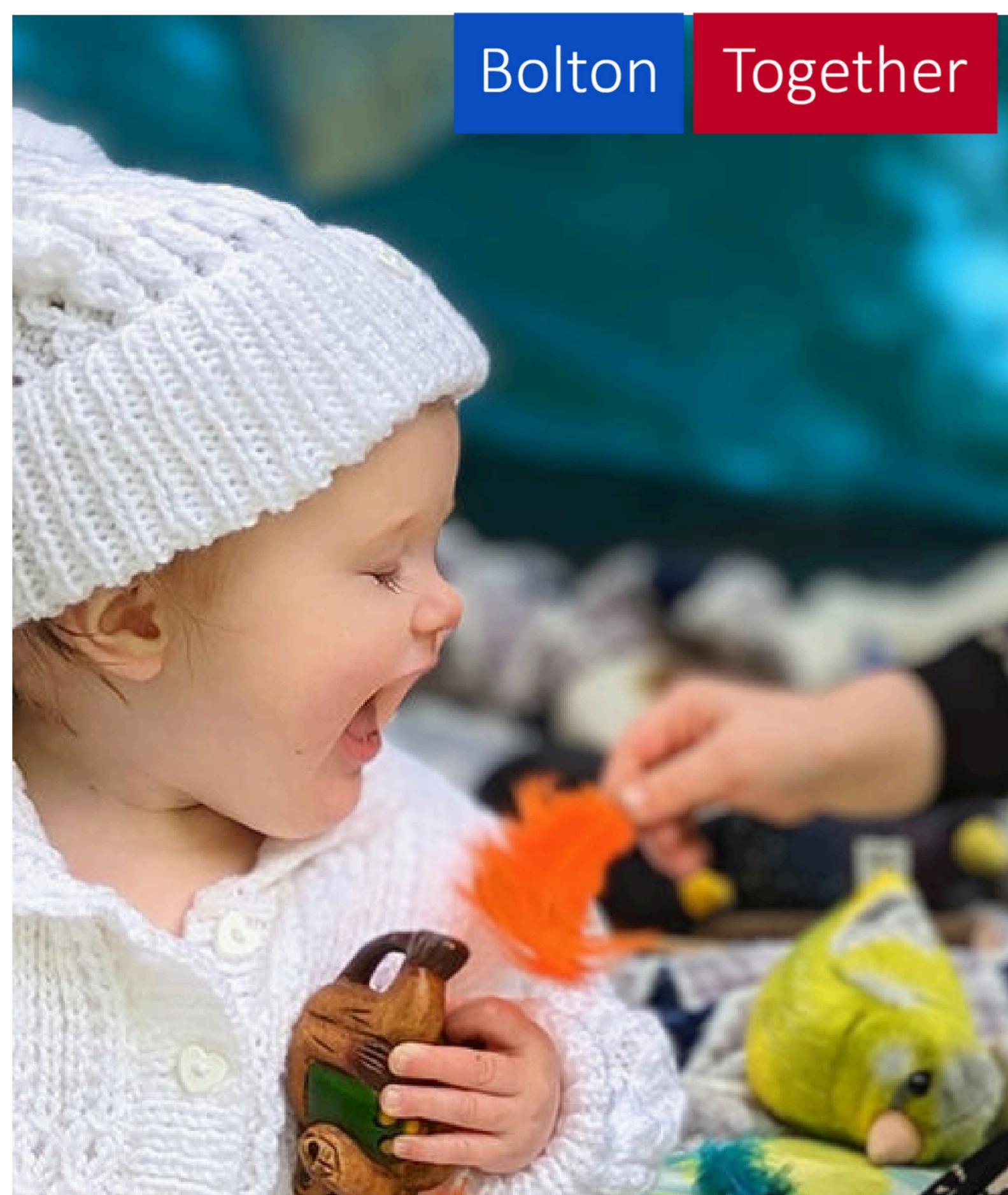
Post-event feedback survey



Growing Together

Bolton

Together





Stronger This Winter

Bolton Together's IThrive Hub's
Winter Support for those aged 11-19

Thank You

We extend our sincere thanks to our members, commissioners, trustees, partners, and everyone who contributes to Bolton Together's impact and our journey so far.

Your commitment, collaboration, and support make our work possible and help us continue moving forward together.

Thank you for being an essential part of Bolton Together and for everything you do throughout the year.